

## **Benefits of an Onsite Health Professional**

There are many benefits to considering a part-time or full-time occupational and environmental health nurse (OHN). Occupational health nursing is the specialty practice that provides for and delivers health and safety programs and services to workers, and worker populations. The practice focuses on promotion and restoration of health, prevention of illness and injury, treatment of work and non-work related injuries and illnesses, and protection from work related and environmental hazards. OHN roles can include: Case management, Counseling, Health promotion, Legal and regulatory compliance, Clinical services, and Hazard detection and controls. The American Association of Occupational and Environmental Health Nurses is the national association, [www.AAOHN.org](http://www.AAOHN.org). The State Chapter also has a website with information including local chapter information to help you find a contact near you, [www.NCAOHN.org](http://www.NCAOHN.org).

Health educators can design, conduct and evaluate activities that help improve the health of all your employees. They are subject matter experts who may be a valuable asset regardless your program needs and goals. They can help form a Wellness Committee and implement many of its programs and services, for example or depending on the structure and time commitments of your Wellness Committee, they can also coordinate the entire program as well. Integrating the activities of the Committee and/or Health Promotion Professional services within your operations, including within your safety and occupational health program will provide additional benefits!